

The mission of the *Intensive Outpatient Program (IOP)* is to provide treatment and recovery support for persons with addictive diseases, to enable persons served to maintain abstinence from addictive substances, restore functioning, and improve quality of life.



Avita believes treatment should occur in the least restrictive, most cost-effective environment. Through individualized service planning, outpatient treatment programs work to reduce dependence on organizations or professional supports. By developing natural support systems, enhancing self-help abilities, and focusing on clients' strengths, skills, and involvement, Avita employs the best treatment practices within available organizational resources as we partner with clients to pursue and achieve their life goals and dreams.

Avita Community Partners was formed by the 1993 Georgia State Legislature to serve persons experiencing the disabling effects of mental illness, developmental disabilities, and addictive diseases. Originally founded as Georgia Mountains Community Services (GMCS), Avita's mission is to improve quality of life for persons with behavioral health and developmental disabilities. Avita serves the 13-county Northeast Georgia area.

Fee Information

Avita services are based on individual needs and resources.

Fees can be paid by clients & family members, Medicare & Medicaid, and other insurance.

Program funding is also provided by the Georgia Department of Behavioral Health which will enable some uninsured individuals to qualify for a reduced fee rate. To qualify personal information must be provided to substantiate financial need. A reasonable charge is set for services provided. No one is turned away due to inability to pay.

LOCATION & PHONE NUMBER

For additional services and location information, visit Avita website: www.avitapartners.org or phone 678-513-5700 or toll free 800-525-8751.

I N T E N S I V E O U T P A T I E N T P R O G R A M f o r S U B S T A N C E



Providing treatment and recovery support for persons with addictive diseases.



Feeling trapped by your dependence on drugs or alcohol? Not sure where to turn? If you or a loved one faced with an addictive disease, there is help. Avita Community Partners offers addictive disease support to individuals and families in the northeast Georgia area.

Our addictive disease services are based on two models:

The **Recovery Model** which states that people have the potential to grow, learn and heal and should be an active partner in their treatment and recovery by identifying their wants, needs, and goals.

The **Episodes of Treatment Model** that follows the idea that needs will vary over time and clients leave services when they're no longer needed, but can return if the need arises.

Our Addictive Diseases Services

Psychoeducational Classes and Counseling

⇒ Avita offers short-term (36-48 sessions/ 3 sessions per week) psychoeducational groups as well as individualized counseling services to help you and your family acquire knowledge and self-help skills for coping, problem solving, and recovery. When participating fully in the program, individual are required to come to a minimum of 3 group sessions per week, either during the day or during the evening (usually 6 – 9 pm).

⇒ These 3 hour classes are based on the evidence based curriculum, **Living in Balance**, which teaches living skills, anger and stress management, self-esteem boosters, parenting skills, and many more valuable and useful tools for relapse prevention.

Individual & Family Counseling

Many times there are contributing factors that lead to addictive disease (family dysfunction, trauma, sexual and physical abuse that may be current or in the past). We offer individual and family counseling to help you and your family heal.

Rehabilitation & Community Support

If you're facing an addictive disease, rehabilitation and community support services are available to help you manage your illness, improve your quality of life, and be as independent as possible. Avita offers assistance in managing daily activities such as coordinating care, nutrition planning, budgeting skills, and more. Supportive employment services are also available to collaborate with clients in fulfilling vocational or employment goals.

OTHER ADDICTION TREATMENT SERVICES

Detoxification

Medically-managed residential detoxification is provided at the Avita Crisis Stabilization Unit (CSU). CSU detoxification services provides medical management of mild to moderate withdrawal symptoms for which inpatient hospital care is not required for severe symptoms or medical complications.



For additional information:
Crisis Stabilization Unit
678-960-2700