



Assertive Community Treatment

Avita's Assertive Community Treatment Program (ACT) provides multidisciplinary 24/7/365 community-based behavioral healthcare for persons living with a diagnosis of severe, persistent mental illness who are not responsive to traditional clinic-based treatment services.



ACT Program
906 Interstate Ridge Drive
Suite C
Gainesville, GA 30501

Phone: 678-696-2307
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24/7 Emergency Number
678-997-2014

Serving the following areas:
Hall County
Forsyth County
Lumpkin County
White County



ASSERTIVE COMMUNITY TREATMENT PROGRAM



ACT

What do ACT Teams do?

ACT Teams help clients set and reach his/her recovery goals.

ACT Teams provide a comprehensive array of services that encompass most of the behavioral health treatment and support services needed by client to achieve his/her recovery goals.

ACT Team services include:

- *Crisis prevention/management planning*
- *Comprehensive initial and ongoing needs assessment*
- *Individualized service planning*
- *Psychiatric treatment*
- *Medication management*
- *Individual & family counseling*
- *Group counseling*
- *Community resources linkage and coordination*
- *Self-help skills education & training*
- *Addiction/substance abuse counseling*
- *Peer supports*
- *Supported employment*
- *Assistance with budgeting, housing, and benefits*

Who is on the ACT Team?

ACT Team staff members include:

- *Psychiatrist*
- *Registered Nurse*
- *Case Manager*
- *Licensed Behavioral Health Professionals*
- *Certified Addiction Counselor*
- *Vocational Specialist*
- *Certified Peer Specialist*

Unlike clinic-based behavioral health services, 80% of all services provided by ACT Teams are in the community. This evidence-based program is particularly effective for people who have not found traditional clinic-based behavioral health services helpful to achieve their recovery goals.



What are admission criteria?

- Documented use of intensive behavioral healthcare with minimal effectiveness
- Documented diagnosis of severe and persistent mental illness with current, significant functional impairment
- Current, significant, impairment in **three or more** of the following areas of daily functioning:
 - *Maintaining personal hygiene*
 - *Meeting nutritional needs*
 - *Caring for personal business*
 - *Obtaining legal, housing, or health care services*
 - *Avoiding common dangers*
 - *Self-sustaining employment or homemaking*
 - *Maintaining safe, stable living situation*
- Documentation of **two or more** of the following:
 - *3 or more psychiatric hospital admissions or emergency room visits for behavioral health concerns, or frequent use of residential crisis stabilization or mobile crisis services over past 12 months*
 - *Co-occurring addiction or substance abuse disorder over past 6 months*
 - *High risk/recent history of criminal justice involvement*
 - *Chronic homelessness past year*